

Prednisone Taper for Rashes

10mg #42 tablets

Most common side effects:

Nausea, vomiting, excessive hunger, mood changes, headache, dizziness, indigestion, and insomnia.

What happens if I don't take all the pills?

If the prednisone is stopped too soon when prescribed for certain types of rashes, such as poison ivy, a rebound rash may occur. This is why it is better to take it for a slightly longer time (12 days or so). The treatment course of prednisone is usually much shorter for other conditions, such as asthma.

Dosage chart:

This chart is to help keep you organized with the doses.

DATE

DAY 1 – 60MG _____	(6 TABLETS)
DAY 2 – 60MG _____	(6 TABLETS)
DAY 3 – 50MG _____	(5 TABLETS)
DAY 4 – 50MG _____	(5 TABLETS)
DAY 5 – 40MG _____	(4 TABLETS)
DAY 6 – 40MG _____	(4 TABLETS)
DAY 7 – 30MG _____	(3 TABLETS)
DAY 8 – 30MG _____	(3 TABLETS)
DAY 9 – 20MG _____	(2 TABLETS)
DAY 10 - 20MG _____	(2 TABLETS)
DAY 11 – 10MG _____	(1 TABLET)
DAY 12 – 10MG _____	(1 TABLET)

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